

1. That the management reserves the right of admission
2. No gym property should be removed from the premises under any circumstance. Members who misuse or damage equipment or the premises will be responsible for repairs costs.
3. The management reserves the right to vary operating hours and the facilities to be closed at any time for the purpose of cleaning, building, decorating and repairs. Notice will however be given to members in advance.
4. The management will have the discretion to refuse the renewal of membership without written reasons given.
5. Membership renewals are due either on or before the day of expiry. In the event that a member does not renew his / her membership on time, he / she will subject to pay the health club daily rate use of the facilities until renewal fees are received by the management
6. In the event of disputes arising out of the interpretations of these rules, the decision of the ILRI management shall be revered to.

LIABILITY

7. It is the responsibility of members to check with their own physician on which facilities should or should not be used. The management will not accept any liability in this regard.
8. That management shall not be liable for any loss or damage to the property of members or guests or personal injury to or death of any member or guest however caused. The management shall not be responsible for any loss, damage or injury of any kind whatsoever resulting wholly or partly from any negligence or willful default of the management or its agents or servants.
9. The management may terminate the membership of any member without refund in the event of a member committing a serious or repeat breach of the above rules.

TYPES OF MEMBERSHIP

Individual ☐ Family ☐
 Temporary ☐ Daily ☐ Monthly ☐
 Full time Monthly ☐ Quarterly ☐ Semestral ☐ Yearly ☐

I/ we would like to apply for membership to ILRI Gym and Recreation facility

I/we agree to the payment terms and terms set out.

I/We confirm that I / We have read and understood the rules of the Gym & Recreation facility and agree to abide by them.

Signature: _____ Date: _____

ILRI

ILRI KENYA GYM & RECREATION CENTRE

Telephone : 020 422 3000

Telephone Extensions : Manager Office 3345

Reception 3309

Email : ILRIKEGym&Recreation@cgiar.org

MEMBERSHIP APPLICATION

PERSONAL DATA

Surname Mr. /Mrs. /Ms: _____

First Name: _____

Date of Birth: _____

Residential Place: _____

Telephone / Home: _____

ID No. / Passport: _____

Mobile: _____

Email Address: _____

Organization: _____

Occupation: _____

Contact Name and Telephone No. Incase of emergency

HEALTH STATUS

The applicant is kindly requested to list medical history (particularly heart disease, high blood pressure, Asthma, diabetes e.t.c.)

Please note that it is highly recommended to check with your doctor before commencing any physical exercise, or use of any of our facilities.

TYPES OF MEMBERSHIP

Individual - Non-transferable and non-refundable membership consisting of one person over the age of 18.

Family - Family - Non-transferable and non-refundable membership consisting of the member and the member's spouse and four children between the ages of 13 – 24 years.

MEMBERS PRIVILEGES

Members are entitled to:-

Free usage of all gym facilities consisting of gymnasium and studio class.

*For Annual savings one must sign up for annual membership

Payment Terms

Payment Option

☐ Bank Deposit

☐ Payroll check off

Payment Frequency

☐ Monthly

☐ Quarterly

☐ Semestral

☐ Annual

RULES

REGISTRATION

1. Every member will have a membership No. which will be entered in a check in list every time they access the gymnasium.
2. Although all measures of safety are taken by the management, members are requested NOT TO BRING ANY SORT OF VALUABLES TO THE GYM

The **management will not be held responsible for any loss incurred**

GUEST

3. Member's guests are eligible only to use the gym when accompanied by a club member and will be required to pay the daily guest rate.

GENERAL CONDUCT

4. Appropriate clean exercise clothing and shoes must be worn in all classes and gymnasium. A small sweat towel is a must.
5. For reasons of health and hygiene, all members shall
 - a) Not consume or bring into the changing or other rooms any food or drinks from outside water dispensers will be available.
 - b) Not to use the gym facilities under influence of alcohol, narcotics or tranquillizers. Those with diabetes, heart disease or high or low blood pressure should first consult their doctor.
6. Members shall not abuse the equipment or facilities provided on the premises.
7. Disorderly, rude or offensive behaviour will result in the termination of subscription/ membership.
8. Smoking is not permitted in all areas of the premises.
9. No pets are allowed in all areas of the premises.